# SIXTH

# ANNUAL REPORT

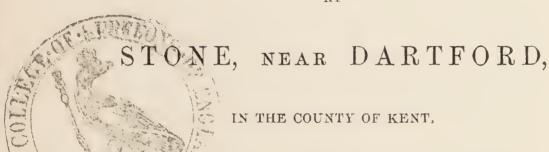
OF THE

# COMMITTEE OF VISITORS

OF THE

# CITY OF LONDON LUNATIC ASYLUM,

AT



January Quarter Sessions, 1872.

#### LONDON:

CHARLES SKIPPER AND EAST, PRINTERS, ST. DUNSTAN'S HILL, E.C.

1872.



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#### COMMITTEE OF VISITORS

Appointed by the Court of Quarter Sessions, holden by adjournment on the 28th January, 1871.

ROBERT BESLEY, Esq., Alderman, Chairman.

The Right Hon. THOMAS DAKIN, Lord Mayor.

SAMUEL WILSON, Esq., Alderman,

Sir JAMES DUKE, Bart., Alderman.

Sir JOHN MUSGROVE, Bart., Alderman.

THOMAS CHALLIS, Esq., Alderman.

THOMAS SIDNEY, Esq., Alderman.

Sir FRANCIS GRAHAM MOON, Bart., F.S.A., Alderman.

Sir DAVID SALOMONS, Bart., M.P., Alderman.

THOMAS QUESTED FINNIS, Esq., Alderman.

Sir ROBERT WALTER CARDEN, Knt., Alderman.

JOHN CARTER, Esq., F.A.S. and F.R.A.S., Alderman.

Sir WILLIAM ANDERSON ROSE, Knt., F.R.G.S. and F.R.S.L., Alderman.

WILLIAM LAWRENCE, Esq., M.P., Alderman.

WARREN STORMES HALE, Esq., Alderman.

Sir BENJAMIN SAMUEL PHILLIPS, Knt., Alderman.

Sir THOMAS GABRIEL, Bart., Alderman.

WILLIAM FERNELEY ALLEN, Esq., Alderman.

Sir JAMES CLARKE LAWRENCE, Bart., M.P., Alderman.

The Right Hon. RUSSELL GURNEY, Q.C., M.P., Recorder.

SILLS JOHN GIBBONS, Esq., Alderman.

Sir SYDNEY HEDLEY WATERLOW, Knt., Alderman.

ANDREW LUSK, Esq., M.P., Alderman.

DAVID HENRY STONE, Esq., Alderman.

WILLIAM JAMES RICHMOND COTTON, Esq., Alderman.

Sir JOSEPH CAUSTON, Knt., Alderman.

(Subsequently added)

THOMAS WHITE, Esq., Alderman.

CHARLES WHETHAM, Esq., Alderman.

# City of London Lunatic Asylum,

STONE, NEAR DARTFORD, KENT.

# THE ANNUAL REPORT

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OF

# THE COMMITTEE OF VISITORS,

1871.

To Her Majesty's Justices of the Peace for the City of London in General Quarter Sessions assembled, by adjournment, on Saturday, the 27th day of January, 1872.

THE COMMITTEE Report that the state and condition of the Asylum and its Inmates during the past year have been of a very satisfactory character.

On the 1st of January, 1871, there were 265 Patients in the Asylum; during the year other Patients were received, making a total of 347. Of this number 10 males and 12 females were discharged recovered, 3 males and 3 females relieved, 17 males and 5 females not improved (to Leavesden), 1 male discharged not insane, 10 males and 11 females died; leaving

in the Asylum on the 31st December last, 116 males and 159 females, making a total of 275 Patients.

From the foregoing statement it will appear that the demand for female accommodation was much greater than that required for males; it therefore became absolutely necessary that some alteration or addition should be made to the Asylum, whereby such demand could be fairly and properly met. The Committee—being unwilling to recommend to the Court that a new wing should be added to the female side, at necessarily a large expense—caused certain alterations to be made in the interior of the building, by which the accommodation desired has been obtained, while the complete separation of the sexes has not been affected or impaired.

The general health of the Patients has been excellent, notwithstanding that small-pox has been raging in immediate contiguity to the Asylum; and the Committee are thankful for being enabled to report that no single instance of that complaint has occurred in the Asylum.

The Farm Lands have been carefully cultivated during the past year, and have proved of great use and benefit, not only in providing a source of healthful employment to many of the Patients, but by the increased productions obtained have conduced materially to the economical working of the Institution.

The Committee have to deplore the loss they have sustained by the resignation, through ill-health, of Mr. Alderman Wilson, who for several years had ably discharged the duties of Chairman of the Committee, and by the deaths of Sir Francis Graham Moon and Sir Joseph Causton, both of whom took great and earnest interest in the Asylum and its Inmates.

Two of the vacancies thus caused have been filled up by the appointment of Mr. Alderman White and Mr. Alderman Whetham.

The Committee, having regard to the very important and responsible duties devolving upon the Medical Superintendent, and to the very able and satisfactory manner in which those duties have been performed by Dr. Jepson, from the opening of the Asylum, and for some time previously thereto, have increased his salary by an addition of 100l. a-year.

The annual visit of the Commissioners in Lunacy was made on the 6th November last, and a copy of the Entry then made by them in the Visitors' Book is annexed.

Further details, with reference to the management of the Asylum and the treatment of the Patients, will be found upon reference to the Report of the Medical Superintendent, and to the accounts and tables appended.

Dated this 19th day of January, 1872.

ROBERT BESLEY, Chairman. THOMAS Q. FINNIS.
JAS. CLARKE LAWRENCE.
THOMAS WHITE.
CHAS. WHETHAM.

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# Copy of Entry made by THE COMMISSIONERS IN LUNACY in the Visiting Book of the Asylum.

CITY OF LONDON ASYLUM, 6th November, 1871.

We have this day inspected the Asylum in all its departments, and, excepting one woman absent on trial, have seen all the Patients, 279 in number, viz., 119 of the male and 160 of the female sex.

The changes in the Patients since the last visit of the Commissioners, 27th June, 1870, have been as follows:—

	Male.	Female.	Total.
Admitted  Discharged and removed  Of whom recovered	41 27 7	62 34 17	103 91 24
Proved not to be insane  Died	1 14	15	1 29

The chief causes of death have been:—General Paralysis 12, and Disease of Lungs 9. Post-mortem examinations are, as a rule, made in all cases.

The general sanitary condition of the Asylum is good. The Patients last registered as under medical treatment were 8 in the male division and 6 in the female. We found 6 of each sex in bed.

We have to report favourably of the general personal state of the Patients of both sexes.

With very few exceptions, amongst the females of the worst class, they were quiet and orderly.

We saw 140 Patients of both sexes assembled at dinner in the Hall. It consisted of an ample quantity of good boiled beef, potatoes, and carrots. From the mode adopted of cutting it up, which is all done by the two Head Attendants, it is necessarily cold before the Patients sit down to table. This would be best obviated by sending the meat for a limited number of Patients in covered dishes from the kitchen, to be cut up by the ward attendants at the several tables.

The numbers of Patients employed in various ways are about the same as at the time of the last visit.

All the clothes and shoes are made in the Asylum.

The attendance at Divine Service, twice on Sundays and on week-day mornings, has not materially varied. As to other matters of statutory inquiry, we find that 1 male Patient has, since the last visit, been restrained on three occasions for surgical reasons, and that 3 males and 10 females have been secluded, the former once each, and the latter altogether on 17 occasions.

Good provision continues to be made for recreation and amusements. There are weekly entertainments, at which nearly 120 Patients are present.

From 10 to 15 Patients of each sex are taken out three or four times in the week, and about 70 Patients of both sexes on Sundays for walks in the country.

The condition of the Wards and of the beds and bedding throughout the Asylum we thought most creditable to the attendants.

Much has been done since the last visit to improve the Wards, and render them more cheerful, by colouring the upper portions of the walls (which were previously white-washed), and the introduction of more flowering plants and curtains to the windows.

The only structural alteration we have to record is the raising of the southern boundary-wall, in order to protect the Patients from annoyance by the neighbours.

The airing grounds are well laid out and planted, and we have no doubt that the Patients, especially the females of the more excitable class, derive the greatest benefit from the opportunities afforded them of taking exercise with others in the extensive general grounds, instead of being restricted, as they once were, to their more confined courts.

We recommend the construction of porches to the doors leading from the Infirmary corridors to the general grounds.

The male side of the Asylum is now full, and several Patients have been refused admission. On the female side there are 6 vacant beds, No. 5 Male Ward having been appropriated to 22 female Patients.

The only serious casualty which has occurred since the last visit was in case of a male Patient with strong suicidal tendencies, who inflicted a severe wound on his throat by a table knife, which he had secreted from the attendant's room, and which he had not missed. The attendant was at once

dismissed for this culpable negligence, but no notice thereof was sent to our Office, as required by the 50th Section of the Act.

We are glad to bear our testimony to the satisfactory state of the Asylum, and to the care and kindness with which the Patients are treated, which we think most creditable to Dr. Jepson, as Superintendent, and the other officers.

R. W. S. LUTWIDGE, Commissioners
JAMES WILKES, in Lunacy.

# CITY OF LONDON LUNATIC ASYLUM.

A General Statement of Receipts and Payments for the year ending 31st December, 1871.

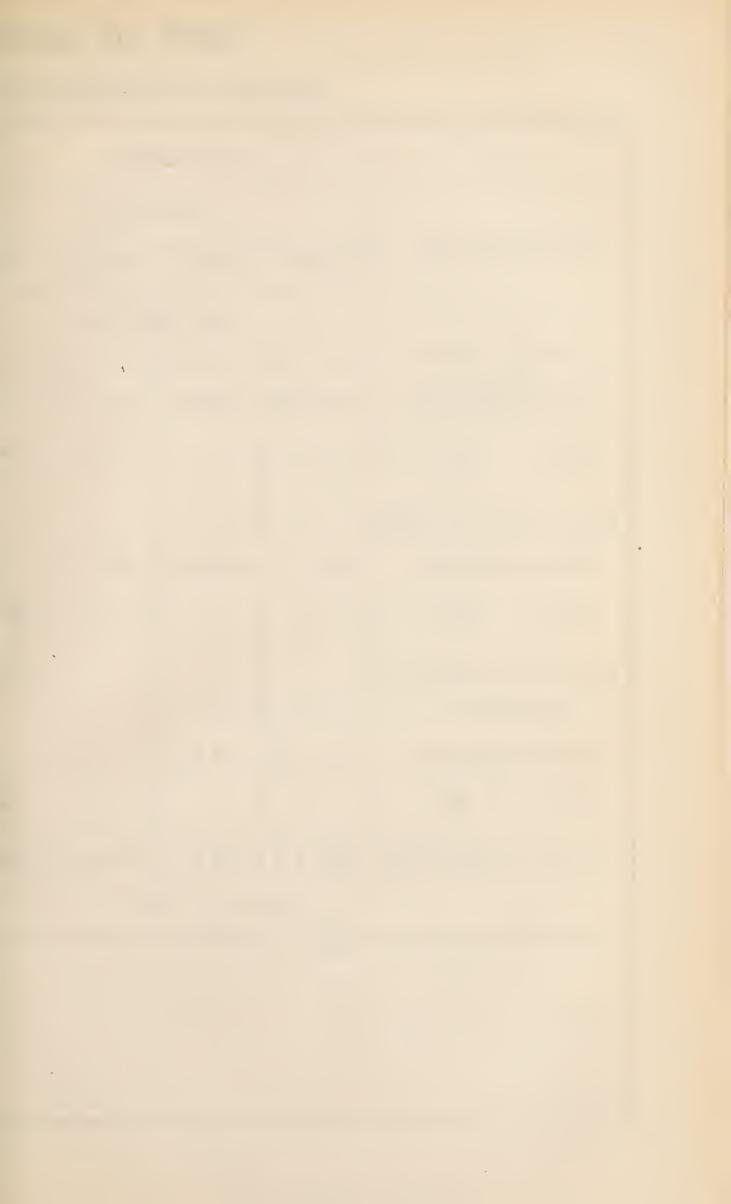
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		Bal	Ö	" Provisions	House and other Expenses	Clothing	Salaries and Wages	" Wines, Spirits, and Porter	Incidentals		Rep			
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RECEIPTS.	s. d.	To Cash received for Maintenance of	Patients chargeable to the:—			" Sundry Unions and Parishes not	235 9	တ	"Sundry sales of Stores, &c 114 0 4	" Repairs, Additions, and Alterations 511 16 11	17	" Balance due to Treasurer, 31st December, 1871 2,399 6 0	£12,812 12 11	

ROBERT BESLEY, Chairman. JAMES CLARKE LAWRENCE. W. F. ALLEN.

# A detailed Statement of Payments for the year ending 31st December, 1871.

				,00011	1001, 1					0		
ma are			sions.				£	3.		£	s.	d.
	• •						1,064		0			
Bacon, Butter	r, Che	ese, an	d Groc	eries,	&c.		1,085		0			
	• •						781		6			
	• •	• • •	• •				102		0			
	• •	• • •					168	6	10			
	• •	• • •		• 5 0			373	8	6			
	• •				* ~ *		27	0	0			
	• •			• • •		• • •	173	7	1			
Sundries .	• •						11	0	5			
	House	e and o	$ther   extbf{\emph{E}}$ a	opense.	s.					3,788	1	0
	• •						7	12	6			
Coals and Col	ke	* * *					682	5	2			
Gas Light	• •	• • •					208	11	6			
Soap, &c						• • •	156	12	4			
Brooms, Brus		z <b>c</b>	• • •				15	5	10			
Earthenware	-			8 10 0			46	2	2			
Ironmongery				• • •	• • •		51	15	6			
Bedding, Fur			• • •				232	7	3			
Postages .			• • •				15	3	7			
Stationery an					• •	• • •	34	16	8			
Carriage of G			• • •				14	9	8			
Patients on T		***	• • •				27	0	0			
Recapture of					• • •		0	15	6			
Amusement of			• • •				8	8	6			
Removal of F			• • •				2	7	2			
Funeral Expe							8	2	0			
Books and Pe			• • •	• • •		• • •	22	6	4			
Rates and Ta			• • •	• • •	* * *		17	13	10			
Insurance .		• • •	• • •	• • •	84.5	* * *	6	0	0			
insurance.	• •	* * *	• • •		• • •	• • •	U	U	U	1 557	15	C
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Officers' Salar			 W			• • • •	996					
Attendants ar					• • •	• • • -	1,313	10	8	0.010		0
7.0		Medicin					00	~		2,310	4	6
Drugs and St						• • •	88	5	6			
Wines, Spirits	s, and	Porter	• • •				242	12	0	222		
~										330	-	6
Incidentals		4 77			1	* * *				117	13	3
	Repai	rs, Ado	litions,	and E	llteratio	ns.						
	• •		• • •	• • •		• • •	115	6	1			
-	• •	• • •	• • •		• • •		66		0			
Iron, &c	• •	• • •			• • •			11				
Glass	• •	• • •				• • •	11	5	0			
		• • •	• • •	• • •				2	5			
Bricks, Cemer	nt, &c.		• • •	• • •		• • •		13	5			
	• •			• • •			26	5	9			
Sundries	• •	• • •		• • •			43	18	0			
										432	14	7
Examin	ned,								,			
		BERT	BESI	EY,	Chairme	$\alpha n$ .			£	28,948	19	9
					AWRE							
	W.	F. A.	LLEN.									



# CITY OF LONDON

# INCOME and EXPENDITURE for

		INCON	ΛE.						
	Quarters ending								
HEADS OF INCOME.	31st March.	30th June.	30th Sept.	31st Dec					
		From Wee	ekly Rate.						
From the City of London—	£ s. d.	£ s. d.	£ s. d.	£ s.					
Received for Maintenance	344 16 0	344 12 0	351 4 0	•••					
Due for ditto	•••	•••	***	341 10					
From the City of London Union—									
Received for Maintenance	1906 4 0	2067 14 0	2125 4 0	•••					
Due for ditto	•••	•••	•••	2161 0					
From Unions and Parishes not									
Received for Maintenance	58 4 0	52 10 <b>2</b>	48 10 0	•••					
Due for ditto	•••	•••	• • •	27 12 (					
Total Income from Weekly Rate	2309 4 0	2464 16 2	2524 18 0	2530 2					
To Cash received for ordinary rep		n City of Lond		Vict. cap. 97,					
To Balance	•••	•••	••• ••• ••	• •••					

# UNATIC ASYLUM.

Year ending 31st December, 1871.

			R	Ε.									
	en	ea <b>r</b> ding t Dec		То	TAL	10	HEADS OF EXPENDITURE.				To	ΓAL	
							From Weekly Rate.						
	ε 40	s. 12	<i>d</i> . 0	£	S.	d.	By Balance from 1870	£	<i>s</i> .	d.	£ 1375		<i>d</i> .
10	<del>1</del> 1	10	0	1382	2	0	By Cash paid for Provisions	3788					
0000						i	Due for ditto  By Cash paid for House Expenses,	366 1557					
6.67	)9	2	0				Due for ditto	148	4	9			
-	31	0	0	8260	2	0	By Cash paid for Clothing	411	13	5			
		* 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1					By Cash paid Salaries and Wages	2310	4	6			
							By Cash paid Wines, Medicines, Spirits, and Porter	330	17	6			
	9	4	2				By Cash paid Incidentals	117	13	3			
17	27	12	0	186	16	2	$\mathbf{L}_{\mathbf{ESS}}$	9031	9	5			
	)9	0	2	9829	0	2	Cash repaid by sale of Stores, &c.	114	0	4	8917	9	1
(ap.		• •	•	511	16	11	From City of London.  By Cash paid for Labour	115	6	1			
				10340	17	1	By Cash paid for Materials	317	8	6			
		• •	•	439			Due for ditto		10		488	4	8
				10780	15	5					10780	15	5
-	1												

Examined,

ROBERT BESLEY, Chairman. JAMES CLARKE LAWRENCE. W. F. ALLEN.



#### REPORT

OF

# THE RESIDENT PHYSICIAN AND MEDICAL SUPERINTENDENT.

The Medical Superintendent begs to submit to the Committee of Visitors his Sixth Annual Report.

The number of Patients in the Asylum on January 1st, 1871, was 265, viz., 124 males, 141 females.

During the past year the admissions have amounted to 82, viz., 33 male, 49 female.

The total number of Patients who have been treated within the same period is 347, viz., 157 males, 190 females.

The mean total of residents has been 269.5, viz., 116.25 males, 153.25 females.

There have been discharged, or have died, 72, viz., 41 males, 31 females.

There are resident in the Asylum this day 275, viz., 116 males, 159 females, of whom 237 are chargeable upon the

Funds of the City of London Union, and 38 upon the City's Cash.

Of those admitted, 30 males and 43 females were received for the first time; 2 males and 3 females were returned from the Asylum for Imbeciles at Leavesden, whither they had been removed, having been found unsuitable to that institution; 1 female was brought back at her own request from a private asylum to which she had been removed; and 1 male and 2 females were admitted who had relapsed after recovery.

Of those discharged, there were Recovered—10 males, 12 females; total, 22. Relieved—3 males, 3 females; total, 6. Not improved—17 males, 5 females; total, 22. Not Insane—1 male.

Of those relieved, 2 females were removed to private asylums; one by order of the Lord Chancellor, having by the death of a relative become possessed of considerable property; the other, under special circumstances, with the consent of the Commissioners in Lunacy. The remainder were transferred to other asylums, having been made chargeable to parishes without the City.

Of those not improved, 14 males and 5 females were discharged by order of three Visiting Justices, that they might be taken to the Leavesden Asylum, the form of insanity under which they laboured being of a harmless character; the remaining 3 males were removed to the asylums of the counties to which they belonged.

One male Patient was discharged as not insane; he was admitted for the first time in February, 1871, with, apparently, delusions and considerable maniacal excitement, which, how-

ever, soon disappeared, and after a residence of four months he was discharged recovered. Shortly after he left, the Annual Report of the Asylum for the County of Kent was received, in which Dr. Kirkman so graphically described a man lately under his care who had proved to be an impostor,\* that there could be little doubt that the Patient just discharged was one and the same individual. He was, three months afterwards, again admitted, having been found wandering and taken by the police to the Union. Dr. Kirkman was at once communicated with, and he visited the Patient here, identifying him as the person mentioned in his Report. Upon these facts being laid before the Committee of Visitors, together with a Certificate that the Patient was not insane, they immediately ordered his discharge, and the circumstances were specially reported to the Commissioners in Lunacy, who suggested that steps should be taken to endeavour to punish the impostor; their letter, however, was not received until after he had left the Asylum. The man was admitted here under the name of George Hatton; at Barming Heath he was known as George Griffiths, alias George Hattum; and in the year 1861 he was in the Hanwell Asylum with a different name—Watkins—or some similar one, to your Medical Superintendent's personal knowledge, who has thought it desirable to relate this matter in detail that other officers of asylums may be on their guard.

The deaths, 21 in number—10 male and 11 female—have all been from natural causes, and no inquest has been held.

The inmates of the Asylum have been happily spared any epidemic visitation, though in the summer small-pox prevailed

<sup>\*</sup> See Twenty-fourth Annual Report Kent County Lunatic Asylum for 1870.

to an alarming degree on all sides of the building. The highest numbers recorded in any one week as having been under medical treatment for bodily disorder were 10 males and 10 females.

For the first time since the opening of the Asylum it has been found necessary, in one instance, to apply restraint, for surgical reasons. A Patient who had been admitted suffering from acute melancholia, with strongly-marked suicidal tendency, through the carelessness of an attendant secreted a common table knife, which he contrived to convey to his bed in an associated dormitory which he shared with nine other Patients, leading from the day-room in which the night attendant sat when not engaged in going his rounds. In the early morning, while under the bed clothes, he inflicted a severe wound on his throat, but so quietly that an intelligent Patient who slept in the next bed to him, and who happened to be unusually wakeful, was unaware that anything unusual had occurred. For some days afterwards he was in a very restless and excited state, and, to prevent his reopening the wound with his hands, it was found necessary to confine them to certain limits. The wound eventually healed, in spite of a persistent refusal to take food, and the Patient is still a source of unceasing anxiety from the pertinacity with which he seeks to elude the vigilance of those in charge of him for the purpose of self-destruction. The attendant, through whose neglect a fatal calamity had nearly occurred, was summarily dismissed.

There have been several attempts at escape within the past twelve months, but in each instance the Patient has been retaken within a brief period. A portion of the boundarywall on the southern side of the grounds has been raised this summer, and increased security thereby gained. In consequence of the urgent demand for accommodation for female Patients, and a corresponding decrease in that required for males, one ward in the division of the latter was separated from the others by a substantial screen, converted into a Sewing Room, and occupied by female Patients of the most orderly and industrious class. By this conversion 22 additional beds have been added to the side devoted to the females, and no inconvenience has as yet been felt through pressure in the male division, in which, however, there are at present but two vacancies.

The whole of the galleries, day-rooms and dormitories throughout the building, have this year been subjected to a thorough cleansing, and bright colours having been substituted for the whitewash which previously existed, an additional air of warmth and comfort has been conveyed to the internal aspect of the Asylum.

Divine Service has been performed in the Chapel as usual with but trifling variation in the numbers recorded as being present from those quoted in previous reports; the Weekly Bible Class conducted by the Chaplain in the winter months is fairly attended, and much appreciated by those capable of enjoying religious instruction.

The Medical Superintendent regrets having to record the death of Robert Boyce, the Tailor Attendant, who had been a valuable servant since the opening of the Asylum in 1866, and who had, by the manner in which he performed his duties, won the respect of all. At the request of his widow his remains were interred in the Cemetery of the Asylum.

In concluding this Report, the Medical Superintendent desires to express his warm appreciation of the assistance he has received from all the Officers of the Asylum, whose cordial co-operation, with that of the Head Attendants, has tended in a great degree to lighten the labours of a year of unusual anxiety.

To the Committee of Visitors he tenders his heartfelt thanks for substantial recognition of his efforts to serve them, and for much kindness, which can never be forgotten.

The usual Statistical Tables are appended.

OCTAVIUS JEPSON, M.D.

January 1st, 1872.

# APPENDIX.

#### TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths, during the Year 1871.

	Male.	Female.	Total.
In Asylum, 1st January, 1871	124	141	265
Admitted for the first time during the year 30 43 75 Re-admitted during the year 3 6 9			
Total admitted	33	49	82
Total under care during the year	157	190	347
Discharged or removed :—       M. F. T.         Recovered       M. Discharged or removed         Relieved       M. Discharged or removed         Relieved       M. Discharged or removed         M. Discharged or removed       M. Discharged         M. Discharged       M. Discharged         M. Discharged			
Total discharged during the year	41	31	72
Remaining in the Asylum, December 31st	116	159	275
Average number resident during the year	116.25	153 25	269.5

## TABLE II.

Showing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Asylum to the present date, December 31st, 1871.

	Male.	Female.	Total.
Persons admitted during the period of 5 9 years Re-admissions	301 5	298 21	601 24
Total of cases admitted	306	319	625
Discharged or removed:—       M. F. 39       T. 39       53       92         Relieved       8       9       17         Not improved       79       57       136         Died       63       41       104			
Total discharged during the 5 9 years	190	160	350
Remaining December 31st, 1871	116	159	275
Average number resident during the 5 9 years	118.20	134.54	252.74

TABLE III.

Showing the Admissions, Discharges, and Deaths, with the mean annual proportion of Recoveries per cent. of the Admissions for each year since the opening of the Asylum.

of erage	dent.	Both Sexes.	1.88	8.69	6.9	8.51	7.14	62.2	
Percentage of Deaths on Average	Number Resident.	Female,	1.17	5.38	6.47	3.54	5.56	7.17	
Per Death	Nump	) ગાયાલ	2.7	12.19	62.5	13.79	9.02	8.59	
e of	on.	Both Sexes.	06.0	6.12	8-19 19-56 13-08 5-29	27.47 13.79	28.10	8.97	
Percentage of Recoveries on	Admission.	Female.	0.92	20.0 23.4	19.56	30.75 24.0	37.03	24.48 26.8	
Per Re	4	Male.	68.0	20.0	8.19	V	20.83	33.3	
aber		.fstoT	158.8	253.0	271.0	271.0	265-73 20-83 37-03 28-10 9-02	269.2	
Average Number Resident.		Female.	84.9	130.0	139.0	141.0	121.94 143.79	153.23	
Ave		Male.	73.9	123.0	132.0	130.0	121.94	116.27	
ng iber	ar.	Total.	212	270	271	266	265	275	
Remaining 31st December	in each year.	Female.	105	140	137	142	141	159	
Re 31st	in	<b>.</b> Male.	107	130	134	124	124	116	
		.IntoT	က	22	16	23	19	21	 104
DIED.		Łemsie.		7	0	ರಾ	00	11	41
		Male.	23	15	1	28	11	10	63
	.pg	.fstoT	-	_	73	15	18	22	136
	Not improved.	Female.	:	9	29	1	10	<i>1</i> 0	57
	im	Male.	H		44	00	00	17	 79
ED.	Ġ.	Total.	0.7	Ø	က	77	:	9	17
CARG	Relieved.	Female.	-	-	0.1	6.7	:	ಣ	6
DISCHARGED.	Re	Male.	H	⊣	-	67	:	ಣ	00
A	ed.	Total.	Ø.	25	14	14	15	22	92
	Recovered.	Female.	1	15	6	9	10	12	53
	Rec	Male.	1	10	<i>y</i> 0	œ	ಬ	10	39
D.		.fstoT	220	114	107	51	57	82	625
ADMITTED.		Łemale.	108	64	46	25	27	49	319
A		ોપાઢોલ.	112	50	19	26	24	33	306
		YBAB.	1866	1867	1868	1869	1870	1871	Total

# TABLE IV.

Showing the History of the Annual Admissions since the opening of the Asylum, with the Discharges and Deaths, and the number in each year remaining on the 31st December of the year reported on.

	Remaining of each year's	em-	Total.	133 26 71 36 42 67	375
	Remaining f each year	31st December.	Female.	18 18 21 21 23 44 44	166 209 37
	Re of ea	3181	Male.	288 115 120 130 130	166
			.IstoT	20 H 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	70
	်လ	Dicd.	Female.	16 33	23
	year r.		Male.	11 11 22 22 22	47
٦	each	ed.	Total.	12 12 ca ca ca	100
	d of Deco	Not Improved.	Female.	45001:	43
,	Total Discharged and Dicd of each year's Admissions to 31st December.	l a	Male,	742112	57
	d an us to	d.	Total.	404-1-	12
	narge issio	Relieved.	Female.	Ø → Ø : : :	9
	Discl	Re	Male.	Ø :	9
	otal]	ed.	Total.	71 11 11 11 0 0 1	69
	H	Recovered.	Female,	11170004	38
		Rec	Male.	0014410	31
l.			Total.	P000000	29
ı	pu	Dicd.	Female.	4 :H : :H	9
۱	ischarged and		Male.	00000000000000000000000000000000000000	23
ı	charg	ot ved.	.IstoT	01400000	19
	, Dis	Not Improve	Female.	: : : : : : : : : : : : : : : : : : :	00
	Of each year's Admissions, D. Died in 1871.	Im	Male.	04HHH0	11
	dmis ied ii	ed.	Total.	: : m - i : :	77
	r's A D	Relieved.	Lemale.	: : 0 : : :	কা
	уеал	Re	Male.	::::	67
	each	ed.	.IstoT	:00040	28
	Of	Recovered.	Female.	.H to 01 to 4	13
		Rec	Male.	- H & H & H & H & H & H & H & H & H & H	15
			.lstoT	220 1114 107 51 82	625
		Relapsed Cases.	Female.	:000000	19
	ed.	Rela	Male.	: :- :- :- :- :- :- :- :- :- :- :- :- :-	70
	Admitted.	ses.	Lemale.	108 62 41 20 24 43	298
		New Cases.	Male.	112 50 60 26 23 30	301
			Year.	1866 1867 1869 1870 1871	Total

		_		-		
rotal.	11.04	1.94	16.00	11.02	00.09	100:00
Female.	11.90	1.94	13.45	7.21	65.20	100.00 100.00
Malc.	10.13	1.76	18.52	15.35	54.24	100.00
•	:	:	:	:	:	
.70-1						
8	•	•	:	•	•	
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sions	red		upro.		1111 120	
Admis	Recovere	Not Improved	Don't	Deau	Tremailing	
e Total	cases	23	33	33	33	
Summary of the Total Admissions, 1866-7-8-9-70-1.	Percentage of cases Recovered	23	33	33	2	
amn	Fer					

Summary of

TABLE V.

Showing the causes of Death during the Year 1871.

Causes of De	eath.				Male.	Female.	Total.
Cerebral or Spinal:— General Paralysis Congestive Apoplexy Abscess of Brain	• • •	•••		• • •	7 1	1 1 1	8 2 1
Thoracic:— Pleuro-Pneumonia Pulmonary Consumption Heart Disease with Pneumonia Abscess of Heart, Suppur Gangrene of Right Lung	 monia ative	• • •	 ditis	• • •	  1 1	3 2 1 	3 2 1 1
Intestinal:— Cancer of Rectum		• • •	• • •		•••	1	1
General Debility		• • •	• • •	• • •	• • •	1	1
Total	•••		• • •	•••	10	11	21

### TABLE VI.

Showing the length of Residence in those Discharged, Recovered, and in those who have Died during the Year 1871.

Length of Reside	nce		I	Recovered			Died.	
Length of Iveside.			Male.	Female.	Total.	Male.	Female.	Total.
From 1 to 3 months From 3 to 6 months From 6 to 9 months From 9 to 12 months From 1 to 2 years From 2 to 3 years From 3 to 4 years From 4 to 5 years From 5 to 6 years		• • •	2 2 2 1 2 	1 3 2 2 3 1 	3 5 4 3 5 1 	 2 2 2 2 2 	1 2 1  1 1 2 2	1 4 3 2 3 3 1 2 2
То	tal	•••	10	12	22	10	11	21

TABLE VII.

Showing the Duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths, during the Year 1871.

			Total.	ಸಾ	7	87	ಚ	ro	21
		DIED.	Female.	က	H	H	H	ಸಾ	11
ses.			Male.	81	ಣ	H	4	•	10
our Clas		Relieved, erwise.	Total.	H	<del>,  </del>	H	6	16	28
n, in Fc	,	ved, Reliev otherwise.	Female.	:	•	<b></b>	ಣ	4	8
Duration of Disease on Admission, in Four Classes.		REMOVED, OR OTH	Male.	1-4	F-4	0 0	9	12	20
se on A		D.	Total.	ಡ	9	ବବ	୧၁	70	22
f Diseas		RECOVERED.	Female.	ಣ	63	23	ಣ	23	12
ration o		A	Male.	6.1	43		•	က	10
Du		CON.	Total.	بت	0	41	20	44	82
		On Admission.	Female.	•	4	23	16	27	49
		ON	Male.	ಸರ	ಸಾ	67	4	17	33
		Class.		First Class. First attack, and within three months on admission	Second Class.  First attack above three, and within twelve months on admission	Third Class.  Not first attack, and within twelve months on admission	Fourth Class.  First attack or not, but of more than twelve months on admission	Not ascertained	Total

TABLE VIII.

Showing the Age of the Admissions, Discharges, and Deaths, during the Year 1871.

	8	·	Total.	: : : : : : : : : : : : : : : : : : :	21
	The Deethe	ne Dean	Female.	: : : : : : : : : : : : : : : : : : :	11
	<u>-</u>	<del>-</del>	Male.	:::::::::::::::::::::::::::::::::::::::	10
		IEVED, SE.	Total.	:::-8881 :::	28
	_•	REMOVED, RELIEVED, OR OTHERWISE.	Female.	: : : : : - : : : : : : : : :	œ
	The Discharges.	REMOV	Male.	:::::uaar::::4	20
	The Dis	D.	Total.	::-∞ ::::∞	22
		RECOVERED.	Female.	: : - ro : - : : : ro	12
		R	Male.	:::::::::::::::::::::::::::::::::::::::	10
	Age.		Total.	: ::::::::::::::::::::::::::::::::::::	82
			Female.	: : H 20 CO CO CO CO CO : : :	49
			Male.	133	33
ľ					
					Total
				to 10 years  15 " 20 " 30 " 40 " 50 " 50 " 70 " 80 " 90 " and upwards	
				to 10 " 15 " 20 " 30 " 40 " 50 " 60 " 90 " 90 ted	
				From 5 to  10 " 15 " 20 " 20 " 30 " 40 " 70 " 80 " 90 and Not stated	
-				F Z	

TABLE IX.

Condition as to Marriage, in the Admissions, Discharges, and Deaths, during the Year.

				2,15		8			The Discharges.	charges			E	The Desthe	n
Condition in reference to Marriage.	nce to Ma	arriage.		THE	Aumiss	ions.	R	RECOVERED.		REMOV	REMOVED, RELIEVED, OR OTHERWISE.	EVED,	1	Togge	0
				Male.	Female.	Total.	Male.	Male. Female. Total.	Total.	Male.	Male. Female.	Total.	Male.	Female.	Total.
Single	•	:	:	10	3.3	23	4	00	12	c)	-	က	63	Ø	4:
Married	•	• •	:	6	ഹ	14	4		ಸ್	4	63	9	œ	63	10
Widowed	•	•	:	•	63	c)	:	•	•	1	m	87	•	63	83
Not ascertained	•	:	÷	14	29	43	67	ಣ	ಬ	13	45	17	•	ಬ	ಬ
Total	:	•	:	33	49	82	10	12	22	20	∞	28	10	11	21

TABLE X.

Showing the probable causes, apparent or assigned, of the Disorder, in the Admissions, Discharges, and Deaths during the year 1871.

	ಶ್	Total.		07 =	٠:	:		; m	Н 6	1	:	:-	:	: :	<u>н</u> ∞	21
9	The Deaths.	Female.	•	: -	⊣ :	:		:-			:	•		•	<b>н</b> ю	11
į	립	Male.		2	::	:		. 23	:-	1 :	:	: -	•	: :	<del>د</del> ه :	10
	CKVED, SE.	Total.	•	:	: :	0 0 3		ಡ	Нг	:	-	:	: "	→ :		28
•	REMOVED, RELIEVED, OR OTHERWISE.	Female.		•	• •	*		ବା		:	-	: :	•	: :	: 4	$\infty$
Discharges.	REMOV	Male.	•	•	• •	*	4	က	r-1 :	•	:	: -	: -	⊣ :	: #	20
The Dis	D.	Total.	-	. 6	1 ⊢	-	0	9	H 4	:	:-	⊣ :	•	:	: 4	22
r J	RECOVERED.	Female.	•	•	: -	H	4	4	: 01	:	:-	٠ :	•		: ന	12
	Ä	Male.		: 0	:	:		. 27	H 23	:	:	: :	:	: ~	: ==	10
	ons.	Total.	67	: 6	7 —	•	67	16	: 70	:	:	: 97	H	: -	50	82
	The Admissions.	Female.	:	•		•	જા	<b>જ</b>	: ന	:	•	: :	~~~	• •	co	49
Ē	The .	Male,	63	: 0	;	•	•	∞	: 63	•	:	: 03	•	:	.:	33
				0 0	•			sh Want of			• •					
	٠		:	: :		nt	•	through	• •	:	?		-	• •	: :	:
	Causes.		Moral— Mental Anxiety	Dissolute Habits Intemperance	Fear of Blindness	neuglous excitement	Physical—Congenital	Hereditary Insufficient Food	Employment Previous Attacks	Cerebral Atrophy	Child Birth	Injury to Head	Loss of Evesiont	Hemiplegia	Verebral Softening Not Ascertained	Total

# ESTABLISHMENT.

# CITY OF LONDON LUNATIC ASYLUM,

31st December, 1871.

		$O_{2}$	FFICI	ERS.				Per 2	4nni	m.
1	*Medical Superinter	ndent	•	• •	•	• •		£500	0	0
1	Chaplain		•	• •	•	• •		200	0	0
1	†Assistant Medical	Office	r .	• •	•	• •		100	0	0
1	†Clerk and Steward			• •		• •	• • •	180	0	0
1	†Housekeeper			• •	•	• •	• • •	50	0	0
	1						-			
5							£1	,030	0	0
Name and Address of the Owner, where the Owner, which is the							-			
	\$	SERVA	NTS-	$-\mathbf{M}$	ALE	•				
1	‡Head Attendant	at.	£50	0	0	per	ann.	£50	0	0
1	‡Night ditto	at	30	0	0	"		30	0	0
2	‡1st Class ditto	at	37	0	0	"	anah	74	0	0
2	‡ditto ditto	at	29	0	0	"		58	0	0
1	‡ditto ditto	at	27	0	0	"		27	0	0
4	‡2nd Class ditto	at	22	0	0	"	anah	88	0	0
1	‡Tailor ditto	at	35	0	0	"		35	0	0
1	‡Upholsterer ditto	at	30	0	0	"		30	0	0
1	‡Hall Porter	at	30	0	0	"		30	0	0
1	§Engineer	at	2	0	0		week	104	0	0
1	Store Porter	at	1	1	0	"		54	12	0
1	Carpenter	at	1	10	0	"		78	0	0
1	Shoemaker	at	1	5	0	"		65	0	0
1	Baker	at	1	5	0	"		65	0	0
1	Gardener	at	1	5	0	"		65	0	0
1	Assistant Engineer	at	1	7	6	"		71	10	0
2	Labourers	at	0	18	0	"	each	93	12	0
1	Bricklayer, as requir	_				//				
24							£1	,018	14	0
							and the same of th			

<sup>\*</sup> With house, coals, gas, washing, and vegetables.
† With board, lodging, and washing.
‡ With board, lodging, washing, and uniform.
§ With lodging, coals, and gas.
|| With use of lodge, coals, and gas.

			SERVA	NTS-	-Fei	MAL	E.		Per A	4nnu	m.
1	†Head Atte	endant	at	£30	0	0	per a	nn.	£30	0	0
1	†Night	ditto	at	20	0	0	,,		20	0	0
2	†1st Class	ditto	at	20	0	0	,,	each	40	0	0
3	†ditto	ditto	at	18	0	0	,,	"	54	0	0
7	†2nd Class	ditto	at	15	0	0	,,	,,	105	0	0
1	†Head Lau	ndress	at	20	0	0	"		20	0	0
1	†Under d	itto	at	17	0	0	,,		17	0	0
1	†ditto d	itto	at	15	0	0	17		15	0	0
1	†Cook		at	25	0	0	,,		25	0	0
1	†Housemai	d	at	14	0	0	,,		14	0	0
1	†Kitchenm:	aid	at	14	0	0	"		14	0	0
1	†Scullerym	aid	at	10	0	0	"		10	0	0
	-										
21	Females	•	•	•		•	•	•	364	0	0
24	Males			•			•	. ]	1,018	14	0
5	Officers	•	•	•		•	•	. 1	,030	0	0
_	Total.							£	2,412	14	0
b. supplied PAR											

<sup>†</sup> With board, lodging, washing, and uniform.

# ROBERT R. DWELLY,

Clerk and Steward.

1st January, 1872.

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NDI		•	:	:	•	•	•	:	•					
EXPENDITURE	4	By Implements and Straw	" Garden Seeds	" Storing and Killing Pigs	" Grains and Toppings, &c.	" Manure and Ploughing	Wages	" Sundries	" Balance in favour of Farm	,				
	es s. d.												0 1 0	
	ಳು												459	
	d. A	₩.	9	10	0	10	7	11	4	ಬ	ന	0	<b>459</b>	
	s. d.	7 4	9 9	18 10	9	0 10	16 7	10 11	11 4	යා ල	11		459	
	d.	208 7 4	9 9 89	39 18 10	23 3 0	7 0 10	2 91 98	3 10 11	12 11 4	6 3 5	2 11 3	5 11 0	459	

Nore.—A rick of Hay not included in this return.

0	0
0	0
£112	£130
•	:
•	:
•	:
ner Pigs	•
ed value of Store, Sow, and other P	ditto
Estimate	Ditto
r 31st.	33
December 31st	32
1870.	1871.

ROBERT R. DWELLY, Steward.

# STEWARD'S RETURNS.

A Return of Bedding, &c., and Clothing, issued from the Stores for the Year ending 31st December, 1871.

Males.		FEMALE	s.	
Blankets	10	Blankets		70
Bolsters	6	Bolsters		2
Carpets	38	Carpets	• • •	61
Counterpanes	3	Counterpanes		30
Ditto Ticken	5	Ditto Ticken	• • •	14
Curtains	COLO. DATE OF THE PARTY OF	Curtains	• • •	4
Pillow Cases	35	Pillow Cases		62
Sheets	30	Sheets		73
Ditto Macintosh	9	Ditto Macintosh		23
Table Cloths	14	Table Cloths		32
Ditto Covers	-	Ditto Covers	• • •	10
Towels	82	Towels		72
Valances		Valances		2
Window Draperies	-	Window Draperie	es	2
Ammoras	3	Annong and Pinefe	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	174
Aprons Braces	69	Aprons and Pinafe		34
	113	Ditto Laundry		210
Boots and Shoes, pairs Caps and Hats	$\frac{110}{250}$	Boots and Shoes, p Bonnets and Hood		124
Drawers, Flannel, pairs				18
Frocks, Slop		Caps Chemises	• • •	220
Gloves	16			25
	38	Drawers, pairs Gloves	• • •	24
Jackets Neckerchiefs	117	$Gloves \dots Gowns \dots$		207
Overalls, pairs	5	Ditto, Night	• • •	46
Pocketkerchiefs	152	Jackets and Shaw		51
Shirts	$\frac{132}{242}$	Neckerchiefs	V1S	36
Ditto Flannel	63	Petticoats	• • •	131
Ditto Strong	$\frac{05}{25}$	Pocketkerchiefs	• • •	92
Stockings, pairs	117	Stays, pairs	• • •	49
Trousers	41 .			175
Waistcoats	55	Stockings, pairs Vests Flannel	• • •	70
waistcoats	00	Vests, Flannel	• • •	10

A Return of Clothing, &c., made up by the Female Patients, for the Year ending 31st December, 1871.

	NTNU	WODE
		WORK.
Aprons		Pinafores 30
Boots & Shoes, prs.,		Pillow Cases 68
Bonnets trimmed.		Petticoats 135
Bed Tickens .	8	Pocketkerchiefs 192
Caps	6	Sheets 84
Chemises	226	Shirts 120
Curtains	4	Stays, pairs 2
Carpets bound .	49	Table Cloths 60
Drawers, pairs .	32	Ditto Covers 10
Gowns	219	Towels 250
Ditto re-made .	40	Valances 2
Hoods	46	Vests 74
Jackets	24	Window Draperies 2
Night Dresses .	58	Ditto Blinds 51
37 1 1 0	212	Sundries 2
	DFD	AIRS.
CII.		
	300	Shirts 4,300
	960	Sheets and Pillow Cases 510
	400	Table Cloths 70
Stockings	6,200	Sundries 500
	TAI	LORS.
NEW WORL	к.	REPAIRS.
Jackets	35	Jackets 519
Waistcoats	2	Waistcoats 502
m	8	Trousers 941
Shirts	54	Shirts, strong 51
731 7 77 .	14	Rugs, strong 7
O 11	6	Aprons re-faced 34
CI D	22	Flannels 8
9 9	but but	TIMILLIAN
SHIRITIES	6	Sundries 14
Sundries	6	Sundries 14

# SHOEMAKERS.

NEW WORK.	REPAIRS.
Boots, Leather, Men's prs. 20 Ditto ditto, Women's ,, 90 Ditto Cloth ditto ,, 96 Ditto ditto, Men's ,, 38 Shoes, Leather, ditto ,, 73 Ditto ditto, Women's ,, 35 Sundries ,, 19	Boots, Leather, Men's prs. 70 Ditto ditto, Women's ,, 204 Ditto, Cloth and Canvas ,, 89 Ditto ditto, Men's ,, 38 Shoes, Leather, ditto ,, 478 Ditto ditto, Women's ,, 20 Sundries ,, 26

# UPHOLSTERERS.

Bagatelle Boards, re-lined	Counterpanes, strong, re-		
and repaired 4	paired 17		
Bedsackings (new) 40	Mattresses (new) 9		
Ditto repaired 243	Ditto re-made and re-		
Bedside and other Car-	paired 115		
pets (new) 31	Ditto Cases (new) 8		
Ditto repaired 59	Ditto ditto, Macintosh 3		
Bolsters (new) 6	Settees re-covered and re-		
Ditto re-made and re-	paired 30		
paired 30	Sunshades to Laundry		
Ditto Cases (new) 18	windows 4		
Chair and other Cushions	Valances 2		
(new) 6	Venetian Blind Ladders 8		
Ditto ditto, repaired 10	Window Blinds (new) 39		
Counterpanes, strong(new) 2	Ditto ditto, repaired 62		
Sundries	250		

# CONSUMPTION OF PROVISIONS For the Year ending 31st December, 1871.

				- C				
Nun	ber of Office	ers and	Serva	ants	* * *	• • •		50
	" Male	e Patien	ts	• • •		• • •	o 6 2	116
	" Fem	ale Pati	ents	• • •			• • •	159
			T	V- L- 1				205
				otal	• • •	• • •	• • •	325
	$Meat \begin{cases} B \\ B \\ P \end{cases}$	acon	• • •	• • •	$2,\!27$			
	Meat ≺ B	eef and	Mutt	on	46,48		S.	
	(P	ork	• • •		6,15	1 lb	s.	
	$\operatorname{Beer}$	• • •	• • •	• • •	13,67	1 ga	allons	
	Bread	• • •			123,13	0 lb.	s.	
	Butter	• • •			5,31	1 lb	S.	
	Cheese				8,04	1 lb	3.	
	Cocoa	• • •	4 9 5		$2,\!53$	3 lb	s.	
	Coffee	* 0 d		. • •	16	5 lb	s.	
	Eggs			a • •	12,37	8 nu	ımber	
	Flour				104,44	0 lb	S.	
	Milk	2 9 %	u • •		4,81	6 ga	llons	
	Oatmeal	ų 3 ¢	s <b>&gt; •</b>		48.	2 lbs	s.	
	Potatoes	6 9 3			99	5 bu	shels	
	Rice				77	6 lbs	s.	
	Sugar	• • •	,		9,19	6 Ibs	S.	
	Tea			• • •	1,19		S.	
	Treacle	0 0 3	5	• • •	1,82	8 lbs	3.	
	Porter		• •	• • •	14,50		nts	
	Wines				$147_{1}$	1	ttles	
	Brandy	• • •	• • •		610 <sub>i</sub>		ttles	
	Gin				$58_{1}^{1}$	-	ttles	
	Tobacco				366	. ••		
	Snuff				36			

# DIETARY TABLE.

	Sunday, Boiled Mutton. Monday, Boiled Beef. Tuesday, Soup. Wednesday, Roast Beef. Thursday, Pie. Friday, Boiled Beef. Saturday, Suet Pudding.					
	es.	Tea.		7		
	Females.	Butter.		50 10 10		
PER.	Fe	Bread.	्राण ज ज ज ज ज ज	35		
SUPPER.	og.	Beer.	51 100 H2 H2 H2 H2 H2 H2	321		
	Males.	Cheese.	00000000000000000000000000000000000000	77		
		Bread.	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	42		
200		Suet Pud- ding with Treacle,	o : : : : : : : : : : : : : : : : : : :	15		
		Pie,	0 : : : : : : : : : : : : : : : : : : :	10		
	න ග	'dnos	Pts.	<u>–––</u>		
	Females.	13еет.		ଳାବ୍ୟ ଦେ		
	Fe	Bread,	02 4 4 6 4 : 4 4	26		
		Potatoes.	120 120 120 120 120 120 120 120 120 120	56		
NER.		Uncooked Meat with out Bone.	3rrsrsr:	6.2 		
DINNE		Suet Pud- ding with Treacle.	02	12		
		Pie.	0 : : : : : : : : : : : : : : : : : : :	10		
	ŵ	-dnos	Pts.	100 H		
	Males	]}66r,		03 - 84		
		Bread.	204404 44	56		
		Potatoes.	20 21 21 21 22 21 21 21 21 21 21 21 21 21	56		
		Uncooked Meat with. out Bone.	\$r-8r-8r :	ಣ		
	w w	Buffer,	S	ದಿ ದಿ		
T.	Females.	Bread.	<u>ज्</u> या चा चा चा चा छ	30		
BREAKFAST.	Fe	Сосоя.		7		
REAL	ø,	Buffer.		101 CO		
3.	Males.	Bread.	000000000000000000000000000000000000000	42		
		Сосон.	Pts	7		
	Days of the Week. Monday Thesday Wednesday Friday Friday					

The Extra Diet as per Summaries of Sick Lists.

Daily Male Attendants. - Meat uncooked, 1 lb. Female Attendants, ditto, 3 lb. Vegetables, 1 lb. Bread, 1 lb. Beer, 2 pints. Weekly. Butter, ½ lb. Cheese, 1 lb. Sugar, ¾ lb. Tea, 3 oz. each. THE DIET OF ATTENDANTS AND SERVANTS.

NIGHT ATTENDANTS. 1 lb. of Coffee each per week in addition.

Cocoa for Ten Patients. 5 oz. Cocoa; 10 oz. Treacle; 2½ pints of Milk.

 $1\frac{1}{2}$  oz. Tea;  $6\frac{1}{2}$  oz. Sugar;  $1\frac{1}{2}$  ditto.

Sour. The liquor of the Cooked Meat, Bones, &c., with Meat, Oatmeal, Rice, Potatoes, Turnips, and Salt and Pepper added.

MRAT PIES. 10 oz. to each Male and Female Patient.

SURT DUMPLINGS With treacle sauce, to be varied by Currant Dumplings and Fruit Pies in the season.

Tobacco and SNUFF, given as indulgences to the Patients who are employed in Field-work, &c., and to other Patients, by order of the Medical At 11 a.m. and 4 p.m. 2 oz. of Bread, 1 cz. Cheese, ½ pint of Beer, to the Patients who are employed in Field-work and Laundry.

Superintendent.

\* SEED CAKE and TEA are given to the Patients on Sundays in lieu of Bread, Butter, Cheese, and Beer.